

# Veterans & Family Support Program

## Resources

### Veterans and Military Support Programs

- **Military Assistance Program (MAP)** 816-756-3900
- **Unmet Needs** [vfw.org/assistance/financial-grants](https://www.vfw.org/assistance/financial-grants)
- **VFW "Sport Clips Help A Hero Scholarship" Program** [vfw.org/student-veterans-support](https://www.vfw.org/student-veterans-support)

### National Veterans Service (NVS)

- To locate a VFW Service Officer or Claims Consultant in your area, contact:  
Charles Beattie, VFW Department of PA Service Officer 412-395-6259
- To locate a VFW Service Officer or Claims Consultant in another state, visit [vfw.org](https://www.vfw.org)

### Veteran and Military Suicide Prevention and Mental Health Awareness

**Veterans Crisis Line** connects veterans in crisis with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text available 24/7. Veterans and their loved ones can:

- Call 1-800-MyVA411 to access all VA departments
- **Call 988 and Press 1**
- Chat online at [veteranscrisisline.net](https://veteranscrisisline.net) or
- Send a text message to 838255

Visit [veteranscrisisline.net](https://veteranscrisisline.net) for more information, and resources.

### Mental Wellness Support and Resources

- **VFW Mental Wellness Campaign** [vfw.org/assistance/mental-wellness](https://www.vfw.org/assistance/mental-wellness)
- **The Campaign to Change Direction** [changedirection.org](https://changedirection.org)
- **Give An Hour** [giveanhour.org](https://giveanhour.org)
- **Patients Like Me** [patientslikeme.com/join/vfw](https://patientslikeme.com/join/vfw)
- **One Mind** [onemind.org](https://onemind.org)
- **The Elizabeth Dole Foundation** [elizabethdolefoundation.org](https://elizabethdolefoundation.org)
- **Help Heal Veterans (Therapeutic Craft Kits)** [healvets.org](https://healvets.org)
- **Veterans Voices Writing Project** [veteransvoices.org](https://veteransvoices.org)

### Women Veterans Resources

- **Women Veterans Call Center** Call or text: 855-829-6636 or 1-855-VA-WOMEN
- **Women Veterans Health Care** [womenshealth.va.gov/WOMENSHEALTH/index.asp](https://womenshealth.va.gov/WOMENSHEALTH/index.asp)
- **PA VFW Annual Women Veterans Retreat** [vfwpa.org](https://vfwpa.org)  
March 15-16, 2024, Harrisburg, PA. All women veterans in Pennsylvania are welcome to attend, do not need to be a member of the VFW.  
Contact: Amy MacKenzie, 717-575-3982 or [quartermaster@ephratavfw.org](mailto:quartermaster@ephratavfw.org)

We are ***Banding Together for Our Veterans to Let Freedom Ring.***